

INFANT MEAL PROGRAM

Siskin Early Learning Center participates in the CACFP Infant Meal Program, a Federal entitlement program administered by the Tennessee Department of Human Services (TDHS) and funded by the U.S. Department of Agriculture. Guidelines for this program are based on scientific recommendations from the National Academy of Medicine and the American Academy of Pediatrics. Our infant program is divided into two age groups: birth through the end of 5 months and 6 months through the end of 11 months.

Enrollment in the CACFP infant meal program includes the following criteria:

- **Only breastmilk and infant formula are served to infants, birth through the end of 5 months, as developmentally appropriate**
- **Our program supports and encourages breastfeeding. Parents and or guardians also have the option to select from 3 iron-fortified infant formulas. This selection will be made using the feeding evaluation form in the registration packet.**
- **Solid foods are gradually introduced around 6 months, as developmentally appropriate.**
- **Infants ages 6 months through 11 months will be served breakfast, lunch, and snack. These meals will consist of proteins, fruits/vegetables, grains, and breastmilk/infant formula.**
- **Teachers and families will work together to determine when an infant is developmentally ready to try solid foods and collaborate when and how new foods will be introduced.**

Please contact the Early Intervention Program Coordinator with questions regarding the infant meal program at (423)648-1768.

